

OPMH Liaison Team

Development of our Dementia
Awareness Training and Dementia
Champions within RD&E

Introductions

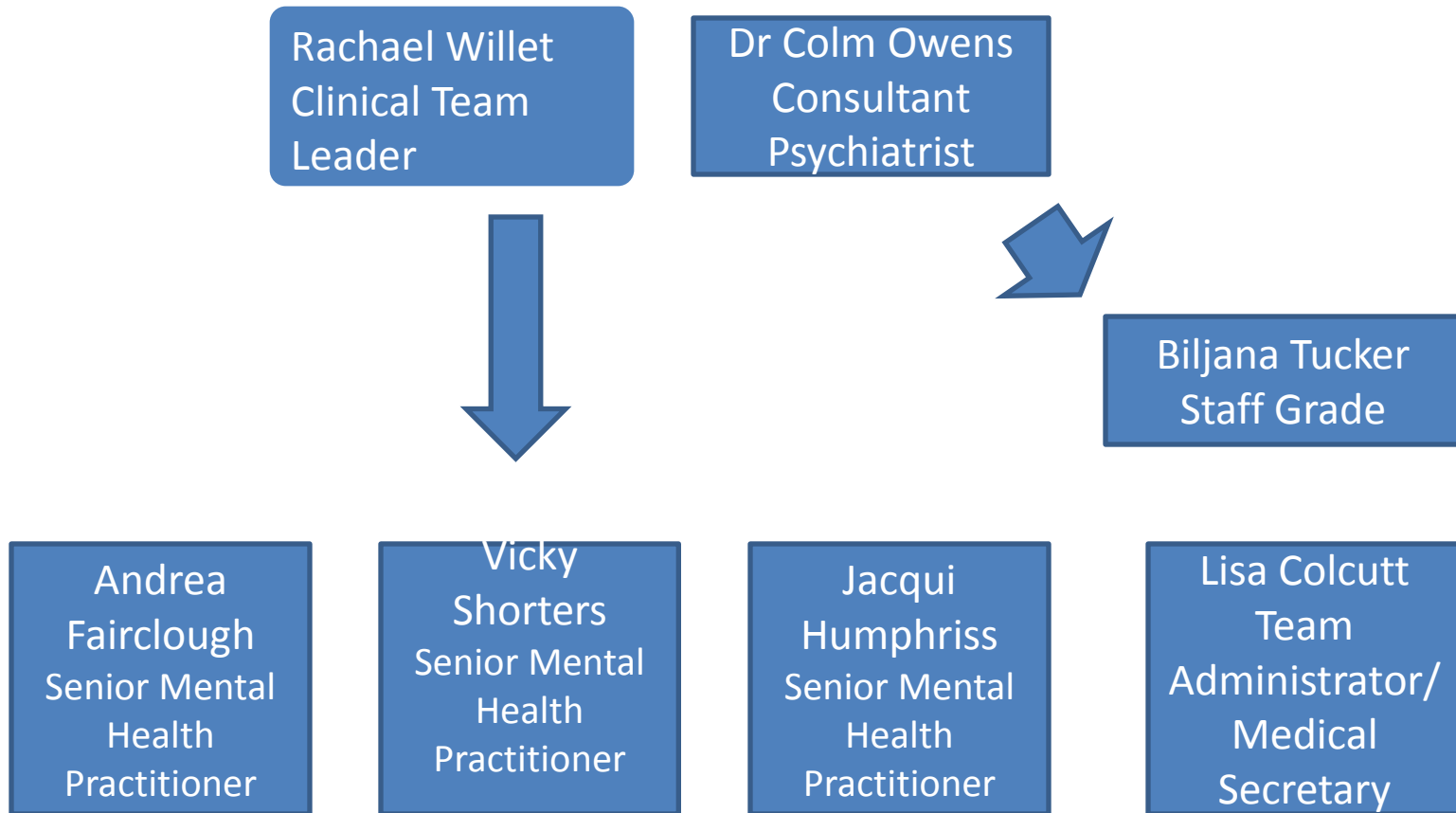
- Vicky Shorters – OPMH Liaison Psychiatry, Devon Partnership NHS Trust
- Simon Dallas – Deputy Security Manager, RD&E Foundation Trust

OPMH Liaison Psychiatry Team

We can offer:

- Assessment of mental health needs
- Short term treatment and support
- Referral to relevant services
- Support and advice to carers
- Training and support for ward staff

TEAM STRUCTURE – OPMH LIAISON TEAM



Psychiatry Referrals



**Aged
Under 18**



**On-call
rota for
children**

Call **208600**
to refer



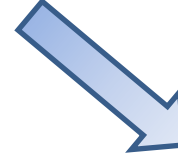
**Aged
18-65**

9am-5pm
Monday -
Friday



**Liaison
Psychiatry***

Call **674128**
to refer



**Aged Over 65 or
Dementia**

9am-5pm
Monday - Friday



**Older People's
Mental Health
Liaison
Psychiatry***

Call **674929** to
refer



**Out of
Hours**

5pm - 9am
Monday -
Friday
and
Weekends
and Bank
Holidays



**On-Call
Psychiatry**

Call
Switchboard to
refer

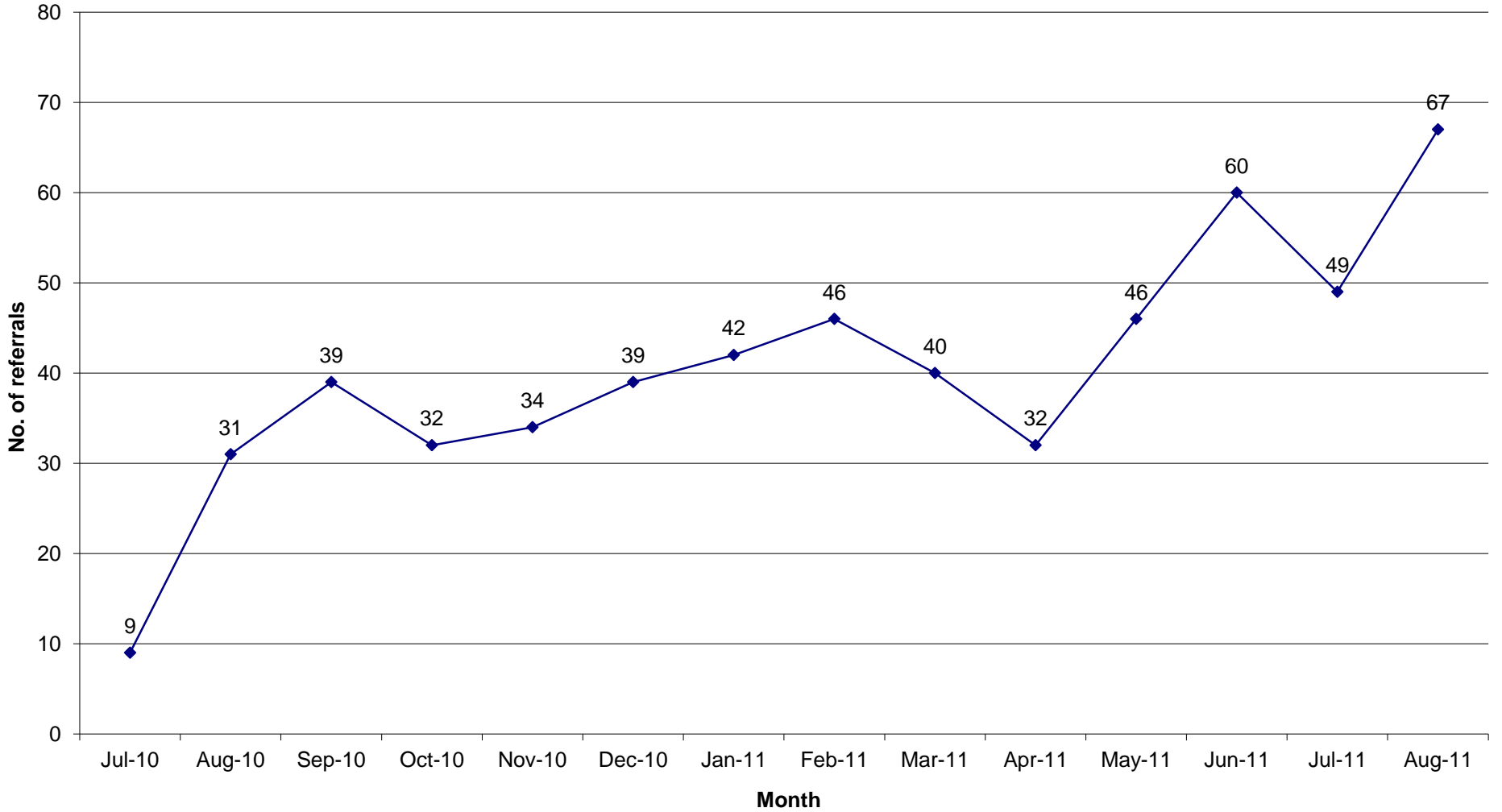
* To ensure a same day service, referrals must be received by 10:00 for all RD&E wards (17:00 for the Emergency Department)

The Liaison Psychiatry service is an integrated multidisciplinary team of medical and nursing staff.

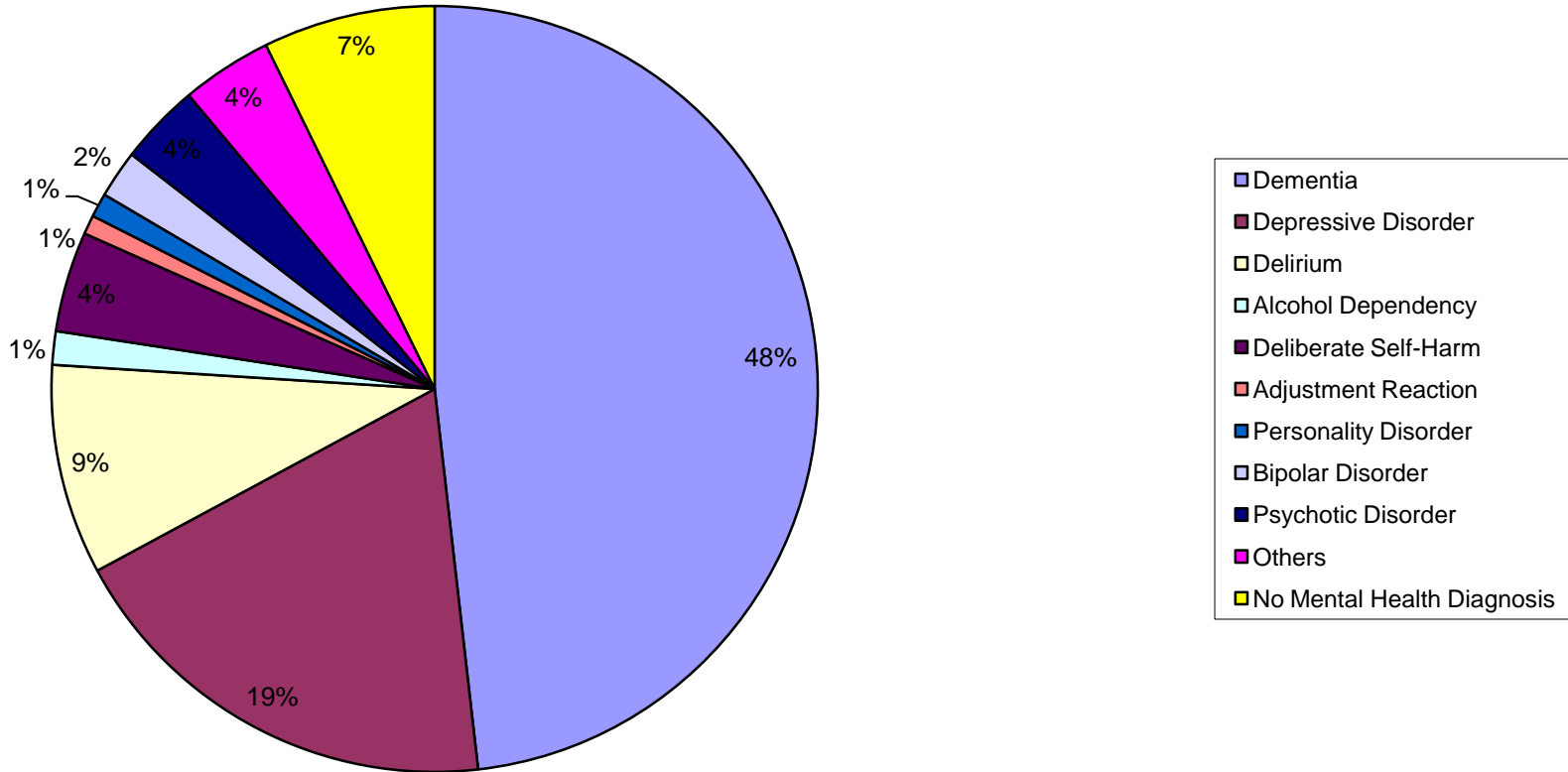
Referrals

- Open referrals system by telephone
- Basic information required and reason for referral
- Time of response – ED 1 hour, AMU within 24 hours, other wards 24-48 hours

Referrals by month (Jul 2010 - Aug 2011)



Referrals by Diagnosis (Jul 2010 - Aug 2011)



Training

- Training asked for by CoE wards
- Important to combine role of Liaison Psychiatry and Security Services
- Hands on training looking at the reality of the person with dementia
- Basic breakaway and low level safeholding

Types of Training

- 2 types of training given to all staff on Kenn and Bovey wards (senior matrons to housekeeping staff)
- Dementia Champions – full day
- Dementia Awareness – half day
- Majority of attendees HCAs

Issues Covered

- Attitudes about dementia
- Symptoms of dementia
- Personal experiences
- Carers issues
- Practical exercises – security breakaway and safeholding training and “Do you know who I am?” exercise
- Avoidable difficulties
- Positive communication
- Looking at a different reality
- When words disguise needs
- Legal issues
- What support do people need (to be a champion)

You are feeling really angry about
something,
but nobody around
you will take your
grievance seriously
and they keep telling
you that everything is fine.

Basic Breakaway and Safeholding



‘Don't push us into something, because we can't think or speak fast enough to let you know whether we agree. Try to give us time to respond – to let you know whether we really want to do it. Being forced into things makes us upset or aggressive, even fearful.’

Bryden, C (2005)



Pictures of breakaway training

June 2011



Dementia champions training

Staff get the chance to consider what it might feel like to be a patient in hospital with dementia

‘For people with dementia our behaviour is normal, considering what is happening inside our heads. Try to enter our distorted reality, because if you make us fit in with your reality, it will cause us extra stress.’

Bryden, C. (2005)

Reaction

- Local press coverage
- Nursing Times
- BBC News – Spotlight
- RD&E Express

Future Development

- Hope to roll out this training to other wards throughout the hospital
- Review of how we can continue to support the dementia champions
- Shared drive set up
- Future breakaway courses available for RD&E staff