

## Parkinson's disease nurse specialist team

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## Where else can you get help and advice?

**PARKINSON'S<sup>UK</sup>**  
**CHANGE ATTITUDES.**  
**FIND A CURE.**  
**JOIN US.**

**National Parkinson's  
UK free helpline  
0808 8000 0303**

The Parkinson's UK helpline provides confidential advice, information and support from qualified nurses and advisors. Monday to Friday 9.30am to 9pm Saturday 9.30am to 5.30pm

**This leaflet is also available online at [www.devonpct.nhs.uk](http://www.devonpct.nhs.uk)**

**If you would like this leaflet in a different language or format such as braille, please contact customer services on 01392 356920.**

## Parkinson's disease

Nurse specialist team

Patient information



# Our service and what we can offer to those affected by Parkinson's

Our service is for anyone who has been diagnosed with Parkinson's disease (PD) by a PD specialist consultant.

We offer an open access service and local support network for people with Parkinson's disease, their families, friends and carers.

Our service is available:  
Monday to Friday  
9am to 5pm  
(except bank holidays)

Our community based Parkinson's disease nurse specialist (PDNS) team will provide expert information, advice and support on all aspects of the condition.

- Self management
- Drugs and treatment
- Emotional and psychological support
- Symptom management
- Independence and daily living
- Resources and contacts

This leaflet was printed April 2010 and will be reviewed April 2011

The PDNS team will provide:

- Telephone consultations
- Nurse led clinics within community hospitals
- Home visits
- Referrals to other services
- Education and support

**We do not offer an emergency service.**

If you feel unwell, please contact your doctor's surgery or you can call NHS Direct for health advice and information on 0845 4647.

The NHS logo consists of the letters 'NHS' in a bold, white, sans-serif font, set against a blue rectangular background.The NHS Direct logo features the word 'Direct' in a bold, black, sans-serif font, positioned below the NHS logo.

[www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)